

Supplementary Table 1. Rhinoconjunctivitis Quality of Life Questionnaire

	Not troubled	Hardly troubled	Somewhat troubled	Moderately troubled	Quite a bit troubled	Very troubled	Extremely troubled
Sleep disturbances (for the past 1 week)							
Difficulty getting to sleep	1	2	3	4	5	6	7
Wake up during night	1	2	3	4	5	6	7
Lack of good night's sleep	1	2	3	4	5	6	7
Generalized symptoms (for the past 1 week)							
Fatigue	1	2	3	4	5	6	7
Thirst	1	2	3	4	5	6	7
Reduced productivity	1	2	3	4	5	6	7
Irritability	1	2	3	4	5	6	7
Poor concentration	1	2	3	4	5	6	7
Headache	1	2	3	4	5	6	7
Worn out	1	2	3	4	5	6	7
Practical problems (for the past 1 week)							
Need to carry tissue or handkerchief	1	2	3	4	5	6	7
Need to rub nose or eyes	1	2	3	4	5	6	7
Need to blow nose repeatedly	1	2	3	4	5	6	7
Nasal symptoms (for the past 1 week)							
Nasal obstruction	1	2	3	4	5	6	7
Rhinorrhea	1	2	3	4	5	6	7
Sneezing	1	2	3	4	5	6	7
Itching sense of nose	1	2	3	4	5	6	7
Ocular symptoms (for the past 1 week)							
Itching sense of eyes	1	2	3	4	5	6	7
Epiphora	1	2	3	4	5	6	7
Sore eyes	1	2	3	4	5	6	7
Swollen eyes	1	2	3	4	5	6	7
Activity limitations (for the past 1 week)							
Daily regular activity limitations (home or work)	1	2	3	4	5	6	7
Social activity limitations (family or friends)	1	2	3	4	5	6	7
Outside activity limitations	1	2	3	4	5	6	7
Emotional problems (for the past 1 week)							
Frustrate	1	2	3	4	5	6	7
Anxiety, impatient	1	2	3	4	5	6	7
Angry	1	2	3	4	5	6	7
Embarrassed due to symptoms	1	2	3	4	5	6	7